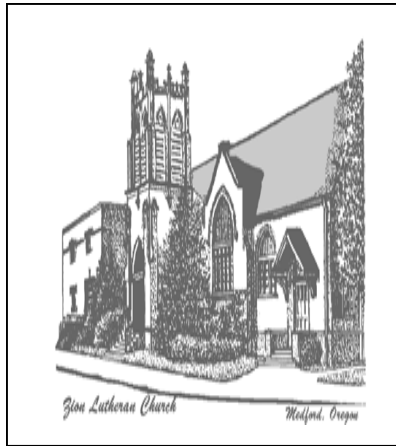


Zion Lutheran Church
516 W. 4th Street
P.O. Box 1051
Medford, OR 97501

The FOCUS

November/December
2010

Reaching out and Sharing God's Love with all
...through worship, service, teaching, and caring.



Christ comes with joy

Jesus comes once again this year to awaken in us the hunger and thirst for his Kingdom here on earth... He comes to give us salvation, healing, and wholeness through the transformation of our hearts and minds. "Even the premature, prepackaged, predictable, piped-in music cannot ruin the joy of God's heart. For Jesus *is* the joy of His heart.

"He has come and is knocking on the door of every human heart. And the Holy Spirit's joy is the great transformer of hearts and minds. "There is nothing in heaven or on earth quite so contagious or healing as a child's laughter and delight. And there is not a child in heaven or on earth who hears the story of the baby Jesus, with or without the tinsel and the twinkling lights, and doesn't say, 'Whoopie!' "So I say: Let's celebrate!"

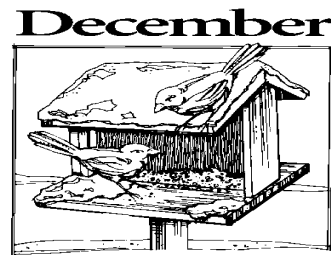
—Rev. Andrew Kline
Christ Church
Denver, CO



UPCOMING EVENTS

Holiday Schedule 2010

November	December
7th Thanksgiving Food Drive begins	5th <i>Second Sunday of Advent</i>
8th Mary Circle	<i>Hanging of the Greens potluck</i>
9th Council meeting	12th <i>Third Sunday of Advent</i>
11th Veterans Day	<i>Adults Christmas Party 6:00 p.m.</i>
14th WELCA Sunday	14th Council meeting 6:30 p.m.
"Let's Be Thankful" potluck and "Stuff the Turkey" food drive	19th <i>Fourth Sunday of Advent</i>
16th Sarah Circle 6:00 p.m.	21st Sarah Circle Christmas Party 6:30 p.m.
20th Assemble Food baskets at St. Marks	24th <i>Christmas Eve Service 11:00 p.m.</i>
24th <i>Thanksgiving Eve Service 6:00 p.m.</i>	25th Christmas Day
25th THANKSGIVING DAY	26th <i>First Sunday of Christmas</i>
28th <i>First Sunday of Advent</i>	28th Altar Guild 9:45 a.m.

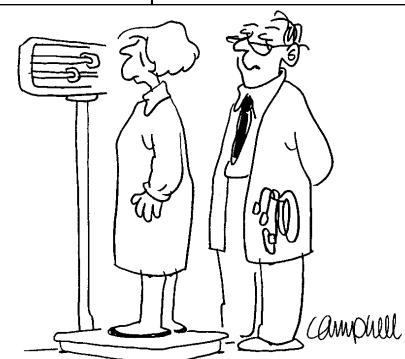


Adult Bible Study: 8:15 a.m.
Worship Service: 9:30 a.m.

CHURCH COUNCIL MEMBERS:

President Pro Tem: John Winkler
Acting Secretary: Nancy Swan
Treasurer: Karen Thomas

Debi Bowman
"Bud" Charles Cullmer
Jeanne Hopkins
Rod Voss



"You counted your blessings instead of your calories on Thanksgiving, didn't you Mrs. Blair?"

STAFF

Pastor Cyril Hunkler, 659-2032
Office hours and times of visitations:
See weekly bulletins or call the Church Office.

Secretary: Penny Birger
Office hours: 9:00-1:00, Monday—Friday
541-772-4674

Email: office@lutheranswired.org
www.lutheranswired.org

Altar Flowers

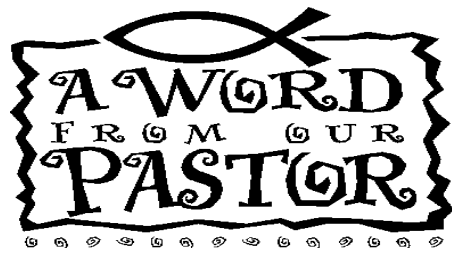
Altar poinsettias
May be brought to the church beginning the week of December 5th. If you wish to give one as a memorial or in honor of someone, please leave all information at the church office or call 541-772-4674



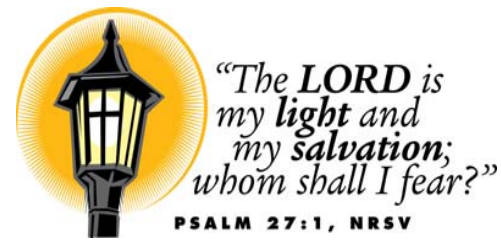
Join Us for the Holidays!

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Afraid of Fear?



Global communication and our 21st century media have helped us to become aware of more than we really want to know at times, and I am told that the times I preach on/against fear that it is always timely. We know full well that fear is not from God – “The Spirit that God has given us is not a cowardly one but one of power, of love and of a sound mind” (II Timothy 1:7). Since it is not from God, then it is from Satan and needs to be opposed and gotten rid of.

I’ve been fascinated lately watching several programs of Dr. Caroline Leaf in which she reports that “Fear triggers more than 1,400 known physical and chemical responses and activates more than 30 different hormones and neurotransmitters. Fear is at the root of all stress. When fear causes a stress reaction, it actually ‘marinates’ the body in toxic chemicals. All of these responses and reactions and activations are unhealthy and threaten our physical well-being.”

Our enemy seeks to pervert our faith through fear, fear that “it can happen to you,” fear that nothing you do is any good; nothing is going to work; you’re doomed; your prayers are never answered, so why try? We have many answers in God’s Word, and we can always destroy fear through meditating on, memorizing and sharing His Word, because He is IN His Word doing what His Word says and describes, as in Isaiah 55:11 which says, “So shall My Word be that goes forth from My mouth. It shall not return to me void but shall do My will, achieving the end for which I sent it.” What is that “end for which I sent it?” That all people would be saved, healed, delivered, filled with love, that “His kingdom will come on earth as in heaven!!!”

“According to your faith it shall be done for you; nothing is impossible for God; all things are possible for those who believe; hold on to your confidence which shall have a great reward” (Mark 9:23, Matthew 19:26, Luke 18:27)!

When in doubt or fear, **FAITH IT!!**

God loves you and so do I!
Pastor Cyril

MEMBERSHIP is a special way of saying, “I’ll be here; I’m committed to participating in the mission of Zion to share Jesus and His saving grace with my/our world; **Count me in!**” If you are interested in becoming a member, please contact Pastor Cyril. The opportunity will be given to celebrate **membership** monthly.

LEGACY-- a way to ensure that your faith will live on when you go to your heavenly reward is to remember Zion Lutheran in your will.



Pastor Cyril Hunkler, 659-2032
Office hours and times of visitations:
See weekly bulletins or call the Church




Church Office Hours:
9:00 a.m.-1:00 p.m.
Monday—Friday.

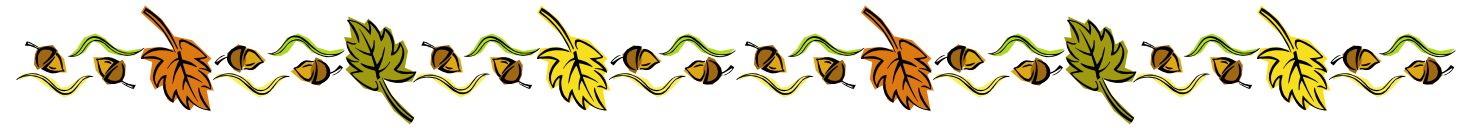
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School Second Sunday of Advent Hanging of the Greens Potluck	6 2ND SUNDAY @ Advent	7	8 Bible Study 9:00 a.m. Choir Practice 5:30 p.m.	9	10	11
12 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School Third Sunday of Advent Adult's Christmas Party 6:00 p.m.	13 Mary Circle 10:00 a.m. 3RD SUNDAY @ Advent	14 COUNCIL MEETING Council Meeting 6:30 p.m.	15 Bible Study 9:00 a.m. Choir Practice 5:30 pm	16	17	18
19 8:15 Adult Bible Study 9:30 Worship Service Youth Sunday 10:45 a.m. Sunday School Fourth Sunday of Advent	20 4TH SUNDAY @ Advent	21 Christmas Party Sarah Circle Christmas Party 6:30 p.m.	22 Bible Study 9:00 a.m. Esther Circle Noon Choir Practice 5:30 pm	23	24 Christmas Eve Service 11:00 p.m.	25 Christmas Day
26 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School First Sunday of Christmas	27 Peace	28 Altar Guild 9:45 a.m. 	29 Bible Study 9:00 a.m. Choir Practice 5:30 p.m.	30	31	

Pastor Cyril Hunkler, 659-2032
Office hours and times of visitations:
See weekly bulletins or call the Church Office.

NOVEMBER

Church Office Hours:
9:00 a.m.-1:00 p.m.
Monday—Friday.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Bible Study 9:00 a.m. Choir Practice 5:30 pm	4	5	6
7 Daylight Savings Ends 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School Thanksgiving Food Drive begins today 	8 Mary Circle 10:00 a.m.	9  Council Mtg. 6:30 p.m.	10 Bible Study 9:00 a.m. Choir Practice 5:30 pm	11	12	13
14 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School WELCA Sunday "Let's Be Thankful" Potluck "Stuff the Turkey" Food Drive 	15	16 Sarah Circle 6:00 p.m. Make Crismons (Jackson Creek Pizza afterward)	17 Bible Study 9:00 a.m. Esther Circle 12:00 Noon At the Church Choir Practice 5:30 pm	18	19	20 Assemble food baskets St. Marks 10:00 a.m. 
21 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School	22	23	24 Bible Study 9:00 a.m. Choir Practice 5:30 pm Thanksgiving Eve Service 6:00 p.m.	25  <u>Thanksgiving Day</u>	26	27
28 8:15 Adult Bible Study 9:30 Worship Service 10:45 a.m. Sunday School First Sunday of Advent  1ST SUNDAY @ Advent	29	30				



November Activities

"Let's Be Thankful" Potluck and "Stuff the Turkey" Food Drive
Sunday, November 14th, after Worship Service

Bring your favorite Thanksgiving potluck main dish, salad, or dessert to share.
Table service, coffee, tea, and drinks will be provided.

The Sunday School children and youth are having a Thanksgiving food drive for the hungry, which will run from Sunday, November 7th through Sunday, November 14th, so all are encouraged to bring non-perishable or packaged foods with them to church. Any cash donation to the "Stuff the Turkey" basket will be much appreciated and will be donated to the West Medford Food Pantry to help purchase laundry soap, dish soap, toilet paper, etc. that cannot be purchased with food stamps. It's going to be a tough holiday season for many people this year.

We are so thankful for our congregation and the activities and charities that it participates in here at Zion.
If you have any questions, contact Debi, Sandy, or Tina.



WELCA Sunday
Sunday, November 14th

All Ladies please bring your Thank Offering boxes with you to Worship Service. All proceeds from the "Thank Offering" go to the National Women of the ELCA for the total outreach of the women's organization.

Thanksgiving Food Baskets!!!

Saturday, November 20th
We will again join St. Mark's Episcopal Church in assembling food baskets.
Meet at St. Mark's Parish Hall at 10:00 a.m.



December Activities

Hanging of the Greens Potluck
Sunday, December 5th, after Worship Service

EVERYONE is invited to stay after Worship Service to help decorate the trees and the Church for the Christmas season, after which we will enjoy a salad and dessert potluck.

Bring your favorite wintertime salad or dessert along with your own table service. Coffee, tea, and drinks will be provided.

Join all your Zion friends and family for great fun, food, and fellowship.

Contact Debi or Sandy if you have any questions.

ADULTS CHRISTMAS PARTY

Sunday, December 12th, 6:00 p.m.
At the home of Karen and Jerry Thomas,
3239 New Ray Rd., Central Point
(541) 664-4433

Please bring a food item to share for a light supper!
We will have our wacky white elephant gift exchange.
(nothing over \$3.00, please)





The Sunday School Children and Youth are planning events for the holiday season such as an evening hay ride with Christmas Caroling. They also are planning to do a play featuring the story of Jesus' birth.

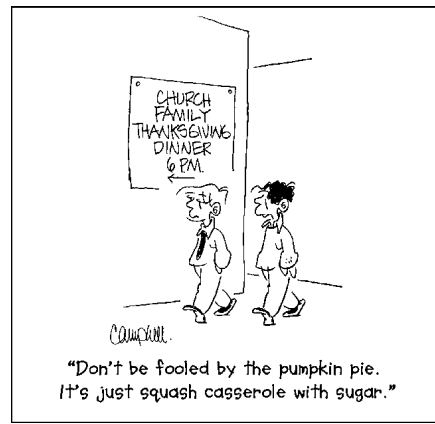
Watch upcoming Sunday bulletins for further details.

Does anyone have a pickup truck that could be made available for the caroling? We also need to locate a few bales of hay or straw that we might borrow, for the children and youth to sit on in the bed of the truck, for that evening. If you can help with these items, please give the information to Penny in the office.

Food Drive



The Sunday School children and youth are having a Thanksgiving food drive for the hungry, which will run from Sunday, November 7th through Sunday, November 14th, so all are encouraged to bring non-perishable or packaged foods with them to church. Any cash donation to the "Stuff the Turkey" basket will be much appreciated and will be donated to the West Medford Food Pantry to help purchase laundry soap, dish soap, toilet paper, etc. that cannot be purchased with food stamps.



Lord, Don't Let Me Be Late!

A little girl, dressed in her Sunday best, was running as fast as she could, trying not to be late for Bible class.

As she ran she prayed, "Dear Lord, please don't let me be late! Dear Lord, please don't let me be late!"

As she was running and praying, she tripped on a curb and fell, getting her clothes dirty and tearing her dress. She got up, brushed herself off, and started running again.

As she ran she once again began to pray, "Dear Lord, please don't let me be late!..... But don't shove me either."



WORSHIP ASSISTANTS

November 2010



	<u>Assistant</u>	<u>Usher</u>	<u>Greeter</u>	<u>Acolyte</u>
Nov 7	Ellen Cullmer	Bud Cullmer	Lila Gast	Hailey Schwenn
Nov 14	Nancy Swan	WELCA	Jeanne Hopkins	Steven Rader
Nov 21	Youth	Brady Williams & Paul Hansen	Myrtle Petruck	Zack Williams
Nov 24 Thanksgiving Eve	Karen Thomas	Jerry Thomas	Ellen Cullmer	available
Nov 28	Diane Lewis	Jerry Lewis	Sandy Knutson	Hailey Schwenn



December 2010



	<u>Assistant</u>	<u>Usher</u>	<u>Greeter</u>	<u>Acolyte</u>
Dec 5	Ellen Cullmer	Bud Cullmer	Lila Gast	Steven Rader
Dec 12	Diane Lewis	Dres Thiel	Jeanne Hopkins	Hailey Schwenn
Dec 19	Youth	Brady Williams & Paul Hansen	Sandy Knutson	Zack Williams
Dec 24 Christmas Eve	Rod Voss	Jerry Thomas		
Dec 26	Karen Thomas	Bud Cullmer	Myrtle Petruck	Steven Rader &



Bulletin Folders:

Month of **November**:
Jeanne Hopkins
Month of **December**:
Bob & Barbara Simmons



November & December:
Debi and Sandi

NEWS Notes



The jokes, cartoons, and items sent to me for use in The Focus are greatly appreciated, but please also send info on sources and/or authors of printed items (except jokes and cartoons), as I must give credit in order to put the item, stories, etc. in our newsletter.
Have a blessed Thanksgiving and Christmas, and a joyful New Year!
Penny

Newsletter
DEADLINE
December 15th



If you no longer wish to receive The Focus newsletter, please let us know. Just drop a note via email (office@lutheranswired.org), call Penny in the office (541-772-4674), or just drop by during office hours.



- A reminder that Pastor's sermons are recorded on tape weekly and will be sent to any who request a copy, just for the asking.

Prayer requests: If you would like to be included in our speedy email alerts to prayer needed, please send an email to office@lutheranswired.org and mention that you'd like to be included on the list. That's all you need to do.

New phone number for Debi Bowman: (541) 646-6300



TOPS continues to welcome new members and is great support for losing weight. Anyone interested is invited to come and check out the group.

We meet Saturdays at Zion, 10:30—noon.

If you have any questions or need more information, please contact Debi Bowman: 541-646-300.

I MAY NOT BE A "WISE MAN," BUT AT LEAST I NEVER GOT SO LOST I HAD TO ASK HEROD FOR DIRECTIONS.



What is God calling *you* to share by way of ministry?
Please pray about our continuing ministries here at Zion. Are there any changes or new things that we want to do as individuals or as a congregation?
Pastor Cyril

Church Council Opportunities!

Reminder!

Nominating Committee:

Zion needs three volunteers to serve on the Nominating Committee this fall. When: Soon! The Nominating Committee needs to have its report in to Council in December! Why: to encourage members to volunteer to be elected to 1, 2, or 3 year terms on the Church Council beginning late January of 2011.

Debi Bowman is the Council member on the committee. Please let her know if you will help!

Church Council facts:

1. Most of the current Church Council volunteered to be elected to serve one year terms.
2. Our newly elected Council President passed away this year.
3. Another Council member's term is up the end of this year.
4. Zion needs at least six (6) members to agree to run for 1, 2, or 3 year terms of office!!!

To All Members and Friends:

Do you have household items you no longer need, want, or use?

We have posted an information sheet on the bulletin board from *Quality Consignment* in Medford. Anyone wishing to may take items there for re-sale.

If you would like to make use of your unused items to support Zion, just tell *Quality Consignment* to credit Zion's account and they will send us your proceeds from the sale. *It's that easy.*

A list of acceptable items for re-sale has been posted on the bulletin board.

Thank you for supporting Zion !!



Burglar and an Elderly Woman

An elderly woman had just returned to her home from an evening of church services when she was startled by an intruder. She caught the man in the act of robbing her home of its valuables and yelled, "Stop! Acts 2:38!" (*Repent and be baptized, in the name of Jesus Christ so that your sins may be forgiven.*)

The burglar stopped in his tracks. The woman calmly called the police and explained what she had done.

As the officer cuffed the man to take him in, he asked the burglar, "Why did you just stand there? All the old lady did was yell a scripture to you."

"Scripture?" replied the burglar. "She said she had an ax and two 38's!"



Mary Circle November and December

Meets the 2nd Monday of each month at 10:00 a.m., in the Church Library for Bible study and fellowship.

If you have any questions, contact Nancy Swan at 541-770-1689 or Diane Lewis at 541-772-1710.



November

7th :
14th:
21st:
28th: Sandy Knutson

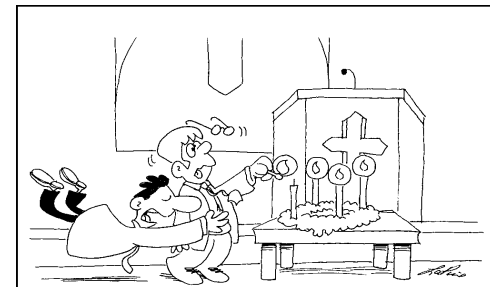
December

5th:
12th:
19th:
26th:

As of newsletter publication there were no dates taken for the September & October Coffee Hours and flowers. Please let Penny know if you can fill in any of these dates. Thank you



"Joy is the holy fire that keeps our purpose warm and our intelligence aglow."
Helen Keller



Pastor Howie saves the third Sunday of Advent.

Sarah Circle November and December

Meets the 3rd Tuesday of each month 6:30 p.m.
For dinner and Christian fellowship

Tuesday, November 16th
Meet in the Church library 6:00 p.m. to make Crismons for the children, followed by dinner at Jackson Creek Pizza 317 E. Main St.

Tuesday, December 21st
Annual Christmas Party
6:30 p.m. at McGraths Restaurant
Bring a gift for the gift exchange (\$3.00 limit)

All ladies are invited to join us!

If you have any questions, contact Karen Thomas at 541-664-4433.

"Joy is the feeling of grinning inside."
-Melba Colgrove

Esther Circle November and December

Meets the 3rd Wednesday of each month at 12:00 Noon. The meeting place varies each month.

November 17th: At the Church
Hostess: Doris Evans

December 15th: At the Church
Hostess: Florence Yasuda

If you have any questions, contact Lila Gast at 541-830-8219.



Birthdays & Anniversaries



November Birthdays

- 5th John Winkler
- 6th Paul Hansen
- 8th Haven Setzer
- 19th Arlene Schwenn
- 25th Thomas Bowman
- 26th Blaine Corriveau

Anniversaries

November:

- 19th Paul and Kathy Hansen
- 25th Wayne and Norma Bennett
- 26th Gene and Sandy Knutson

December:

- 1st Mike and Linda Mustain

December Birthdays

- 11th Emma Schwenn
- 12th Dale Garner
- 13th Gloria Hannaford
- 18th Vonnie Fichtner
- 23rd Vera Sherman
- 28th Rose Myhre
- 29th Jerry Lewis
- 31st Joy Myers
Lisa Sherwood

Sick/Surgery/Other:

- | | |
|----------------------|--------------------|
| Ariel | Dan McCormick |
| Brandyn Bowman | Lisa Mustain |
| Debi Bowman | Doug Pierce |
| Kathy Carboni | Helen Platzke |
| Bob Cordova | Joy Proper |
| Diane Cordova | Jeannine Reddell |
| David Cullmer | Shantil Reid |
| Steve Dutton | Trinity Reid |
| Mike Felder | Ashley Roberts |
| Karen Fredenberg | Clayton Schneider |
| Steve Fredenberg | Max Shott |
| Ilse Hargrave | Virginia Stanfield |
| Pastor Cyril Hunkler | Karen Thomas |
| Marie Hutchison | John Van Slack |
| Dale Janzen | Bud Van Vrimm |
| Jenna Jenkins | Lisa Williams |
| Jenny Lewis | Ang Zacher |
| Patrick Lewis | |



Stories of Faith!!!

I love to tell the story” is a well-known phrase, and, while the story of Jesus is THE most important story in all of life, our connection with His story is of value to others, whether they believe in Him or not! So, have you got a story pertaining to your faith in Jesus - good times, bad times? What is He up to in your life? Let Pastor know.....sometimes, with your permission, your story can be shared with others!



IS IT A COLD OR THE FLU???

When you wake up sneezing, coughing, have the achy, fever, can't move a muscle feeling, how do you know whether you have flu or cold symptoms?

It's important to know the difference between flu and cold symptoms. A cold is a milder respiratory illness than the flu. While cold symptoms can make you feel bad for a few days, flu symptoms can make you feel quite ill for a few days to weeks. The flu can also result in serious health problems such as pneumonia and even hospitalizations.

Cold symptoms usually begin with a sore throat, which usually goes away after a day or two. Nasal symptoms, runny nose and congestion follow, along with a cough by the fourth and fifth days. Fever is uncommon in adults, but a slight fever is possible. Children are more likely to have a fever with a cold.

With cold symptoms, your nose teems with watery nasal secretions (and don't you wish there was a facet so you could shut it off?) for the last few days. Later, these become thicker and darker. Dark mucus is natural and does not usually mean you have developed a bacterial infection, such as a sinus infection. Several hundred different viruses may cause your cold symptoms.

Cold symptoms usually last for about a week. During the first three days that you have cold symptoms, you are **CONTAGIOUS**. This means you can pass the cold to others, so stay home and get some much-needed rest.

If cold symptoms do not seem to be improving after a week, you may have a bacterial infection, which means you may need antibiotics. Sometimes you may mistake cold symptoms for allergic rhinitis (hay fever) or sinus infection. If your cold symptoms begin quickly and are improving after a week, then it is usually a cold, not allergy. If your cold symptoms do not seem to be getting better after a week, check with your doctor to see if you have developed an allergy or sinusitis.

Flu symptoms are usually more severe than cold symptoms and come on quickly. Flu symptoms include sore throat, fever, headache, muscle aches and soreness, congestion, and cough. The flu is caused by a variety of influenza viruses.

Most flu symptoms gradually improve over two to five days, but it's not uncommon to feel run down for a week or more. A common complication of the flu is pneumonia, particularly in the young, elderly, or people with lung or heart problems. If you notice shortness of breath, you should let your doctor know. Another common sign of pneumonia is fever that comes back after having been gone for a day or two.

Just like cold viruses, flu viruses enter your body through the mucus membranes of your nose, eyes or mouth. Every time you touch your hand to one of these areas, you could be infecting yourself with a virus, which makes it very important to keep your hands germ-free with frequent washing to prevent both flu and cold symptoms.

I can't begin to emphasize enough **GOOD HAND WASHING** and if you are sick please, please **STAY HOME!!**

Stay healthy and be happy,
God Bless,
Beryl J. McCollough, RNFCN



Shut Ins:

- Ed Andren
- Marjorie Donaldsen
- Vonnie Fichtner
- Myrtle Hoover
- Gloria Hannaford
- Evelyn Phelan

Note About Prayer List:

We will be reviewing names monthly on the prayer list. Names will be removed unless we are informed that they still need to be on the list.

Thanks for your help in keeping our prayer list up to date.



- Andrew Bates
- Jonathan Bowman
- Alex Bustard
- Andrea Castagnato
- Michael Chamberlain
- Donald Fichtner
- Chaplain Mark Gilderhus
- Chad Hoover
- Justin Schneider

REMEMBER OUR MEMBERS IN THE MILITARY

